

2020 AHS SOFTBALL CAMP



BELIEVE IN THE PROCESS

AHS Softball is excited to announce they will be hosting an instructional camp for ages 10-14. Athletes will have the opportunity to work with an elite group of instructors and HS softball athletes.

WHEN : Sunday, March 15th 1pm-4pm

WHERE: Auburn High School Softball Field (NO METAL CLEATS, GUM, SUNFLOWER SEEDS)

ADDRESS: 800 4TH ST NORTHEAST AUBURN, WA 98002

COST: \$40 (PER PARTICIPANT) Includes a camp t-shirt and AHS Softball water bottle. Registration is accepted up to the day of the camp. All participants are encouraged to register prior to the date of the camp.

- AHS Softball Camp is open to ages 10-14
- All skill levels welcome
- Bring your own equipment (bat, glove, helmet, catchers gear)

FOCUS OF THE CAMP:

Defensive: Proper defensive techniques of the infield, outfield, and catching positions. Instruction for all fielders will focus on throwing, fielding, glove work, and footwork.

Hitting: Athletes will receive instruction on proper hitting techniques and drill. Athletes will have a chance to practice these techniques through various drills including tee work, soft toss, vision drills.

Base running: Athletes will receive instruction on correct base running techniques and work situational base running drills. Smart and aggressive base running is key to scoring runs.

QUESTIONS: Please contact AHS Head Coach Brenna Nesper @ Bnesper@auburn.wednet.edu

INSURANCE: ALL PARTICIPANTS MUST HAVE THEIR OWN HEALTH AND ACCIDENT INSURANCE. PARENT/GAURDIAN MUST SIGN A WAIVER UPON ARRIVAL FOR CHILD TO PARTICIPATE.

Make checks payable and mail to:

Auburn High School
C/O Debbie Sumner
Attn: AHS Softball Camp
711 East Main Street
Auburn, WA 98002

Participants can also pay the AHS Book keeper Debbie Sumner prior to Wednesday, March 11th @ Auburn High School in the book keepers office.

Camp registration fee: \$40

This event/activity is NOT being sponsored by the Auburn School District and the district assumes no responsibility...for the conduct at, or safety of, the event/activity. In consideration for the privilege to distribute these materials, the school district shall be held harmless from any cause of action, claim, or petition filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees, and judgments or awards, claims, liabilities, damages, expenses, or right of action, directly or indirectly attributed to the activities. Permission to distribute this flyer should not be considered a recommendation of the program by the school district. This is not a school district sponsored activity.

2020 AHS SOFTBALL CAMP (please fill out and return to Debbie Sumner in the book keepers office prior to Wednesday, March 11th @ Auburn High School) BEST OPTION

If participant registers day of camp bring this form filled out and hand in at registration.

NAME: _____

GRADE: _____

PARENT/GAURDIAN: _____

SCHOOL: _____

ADDRESS: _____

CONTACT PHONE #: _____

EMAIL: _____

*******T-SHIRT (please circle size):** Youth: S M L Adult: S M L XL

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I hereby authorize the directors of this camp to act according to their best judgement in the event of any medical emergency. I hereby waive and release Auburn School District, the coaches, and instructors from any liability for any injuries incurred while attending the Auburn High School Softball Camp.

Parent/Guardian Signature _____

